



LOCKHEED MARTIN DIVE CLUB

News

October 2008



October Meeting

DAN Dive Safety - Alex Brylske

Join us at our October 14th meeting where we'll have DAN's Dr. Alex Brylske lead us through the first of a series of free seminars on safety: "Diving Safety: Myths & Misconceptions."

Diving protocol is changing all the time based on new insights from research and accident analysis.

But is your knowledge current? To test your knowledge, how many of the following questions can you answer? Don't wait for an accident to happen. You may be the one to prevent it.

- Are there really any differences between decompression models?
- Are all cases of the bends the same?
- Are safety stops below 20 feet a good idea?
- Can I get bends from free diving?
- Will I get the bends if I follow my dive computer or tables?
- When bends occurs, should recompression always be the first priority?
- How come whales don't get the bends?
- Can I get an air embolism even if I don't hold my breath?
- Are there any special concerns for older divers?
- What's different about diving accidents today versus a few years ago?
- Are there factors besides equipment failure or operator error that might contribute to deep diving accidents?
- Can we learn anything in recreational diving from technical diving?
- Is diving with asthma or diabetes really okay?



See 'Safety', page 5

We'll be gathering at 6:30 p.m., with the evening's presentation beginning at 7:00 p.m. Afterwards, we hold our "formal" meeting covering **CLUB** business and member trip reports, followed by our great door prizes.



The meeting will be at Joe's Crab Shack, which is located at 4601 South Semoran Boulevard in Orlando [phone (407) 658-9299]. It's south of SR 408 (the East-West Expressway) on the east side of SR 436, between Pershing and Gatlin.

President's Column

Hello fellow dive enthusiasts!

We are fast approaching that time of year when we are presented with a most unique opportunity. This is when we can take charge and turn some of the dreams we have every time we look at a dive magazine and see those bold headlines like "The best 10 dives of Cozumel" or the "Absolutely can't miss dives of Bonaire" and make some of those dreams our memories.

We will be holding a meeting to put the initial dive schedule for next year together. It is a little early, but we want your ideas and help to create a schedule that will provide a wide variety of diving activities and meet the diving needs of our members. The meeting will be at Joe's Crab Shack on Monday, October 27th at 6:30 p.m. Our Activity Chair, Marie Frank, will be making her way back to Orlando from Fantasy Fest to work with all of us to put together the 2009 dive calendar. Everyone needs to participate so we can continue to present our members with the diving opportunities they are looking for.

The economy isn't in the greatest of shape and most people want every penny to count, so we are looking for you to help us with ideas about where you would like to go diving. This is a great opportunity to stretch your diving dollars. If you plan the dive trip, you get to go to that spot you always wanted to go to; and because you are planning the trip, you get to go for 1/2 price!

We will, of course look at creating a varied schedule that will fit well with our sister club, the Kennedy Space Center Barracudas.

Several different types of trips and activities are always planned. There will be some of those great international trips as well as long weekend trips down to the Keys. Day trips are an effective way to allow members with limited time a chance to come together and enjoy each others' company and get some diving in. In the past, many of your suggestions have been incorporated into our schedule, but this year we are looking to get some new people actively involved in planning our future activities.

Keep diving and enjoy the experience!!

Jim Kennedy

Your Club Leadership

President Jim Kennedy (352) 874-3305	Committee Chairs
Vice President Wendy McCleskey (407) 273-6655	Activity Marie Frank (321) 945-4244
Secretary Nancy Wileden (407) 971-8525	Camera Art Beaulieu (407) 856-9088
Treasurer Denise Aldridge (407) 568-2060	Communications Bill Paskert (407) 356-2290
Director at Large Cherie Jarvis (407) 760-0906	Equipment Bill Paskert (407) 356-2290
Board of Directors Chuck Brown (407) 856-0026	Meeting Wendy McCleskey (407) 273-6655
Mike McCleskey (407) 808-6453	Membership Denise Aldridge (407) 568-2060
Bill Paskert (407) 356-2290	Merchandise Al Wileden (407) 356-8954
	Safety and Training Open
	Webmaster Stuart Gibson (352) 978-4191

2008 Activities

Below is information on several of our planned activities. Please refer to the following schedule for further details and contact information.

KSC Barracudas

KSC Barracudas is our sister club. We can participate in their activities on par with their members and they in ours.

Lockheed Martin Dive Club 2008 Activity Schedule

Date	Event	Contact	Partic- ipants	Deposit Amount	Cut-off Date	Total Cost
Oct 24-26	Fantasy Fest, Key West mike.mccleskey@e-components.com	Mike McCleskey 407-808-6453	20	\$200	Now	\$200
Nov 8-9	Snorkel with the Manatees cheryl.jarvis@lmco.com	Cherie Jarvis (o) 407-306-5919 (c) 407-760-0906	12	\$45	Oct 15	\$80
Dec 7	Holiday Party wendy@maid4u.net	Wendy McCleskey 407-273-6655	40	\$0	Nov 30	\$25 est.
Jun 6-13 2009	Grenadines Wind Dancer Livaboard	Beth Shaffer - KSC 321-453-6522	10	\$500	TBD	\$1595

For more information on dive trips by the KSC Barracudas Dive Club, please see their website:
<http://www.mindspring.com/~cudas/home.html>

Preliminary Meeting for Next Year's Dive Schedule

October 27th, Joe's Crab Shack, 6:30 p.m.

It's time to start planning our next year's activities. I'd like to get your ideas for a great new year of diving. Please give some thought to what you'd like to see us do next year. If you are interested in running a dive trip and would like some ideas and suggestions on how to do it, come to this meeting. We'll have some materials to guide you in setting up a trip. We are looking for "local trips" to the Keys, Pompano Beach, springs, or West Palm . . . or any other ideas you may have. We would like to put out a set schedule at the end of January of all trips for 2009. Refreshments will be available to keep us going through the meeting.

Let me know if you can attend on my cell: 321-945-4244, or marie.s.frank@lmco.com.

Marie Frank

'De-Mistify Dive Trip Coordination'



Snorkeling with the Manatees! November 8-9, 2008!

The plan is to head out with the whole group for the snorkeling at 8 AM Saturday, spend a couple hours playing with the manatees, head back to the hotel for lunch, and then out to the cavern for those who wish to do the dive. It's a one-tank dive with no cave penetration beyond the entrance slope. Depth is about 30 feet. Large tarpon and many manatees hang out around the cavern entrance and surrounding area. Visibility is usually 30-50 feet.

We will have a dedicated boat for 8 hours; with multiple snorkeling locations with the manatees. We can have up to 12 for snorkeling; and up to 8 for diving.

We'll be staying at the Port Hotel & Marina, a bustling waterside resort located on one of Florida's outstanding waterways (www.porthotelandmarina.com).

This resort's 7-acres has provided a scenic hide-away for the last 50 years. Tourists come to the waterside resort to dive in the fresh springs and experience some of the most exciting manatee diving in the world.



The cost is \$80 per person, \$45 due by October 15, the remainder due by November 1st.

This includes: One night hotel stay (Saturday, November 8), breakfast the next morning; our own boat for Saturday, snacks and drinks on the boat, snorkeling and diving (with your own equipment).

Equipment rentals are available on site at the dive shop at your own cost. Tanks are \$8.



Confirm your reservation with Cherie:

jarvischerie@gmail.com

Please mail payments to:

Cheryl Jarvis

3240 Park Branch Avenue

Clermont FL 34711





Come learn the answers to these questions and a whole lot more at the DAN “Diving Safety Myths & Misconceptions” seminar.



Dr. Alex Brylske recently joined the DAN staff in the capacity of Training Consultant. His primary duty is developing and presenting educational seminars for dive centers and dive clubs throughout Florida. DAN is providing this service free of charge as a way to promote diver safety. While the program is still new, it has nonetheless been very well received. Alex is a well-known diving author and educator. Over his 30+ year tenure in the industry, Alex has become the most widely published author in diving, having written more than 200 feature articles as well as some of the most popular and significant books on diving theory and practice.



The Life Aquatic with Bruce Mozert

When the photographer gazed into the crystal-line waters of Silver Springs, Florida, in 1938, he saw nothing but possibilities.

By Gary Monroe

Smithsonian magazine, May 2008

Central Florida has many clear springs, but in the 19th century, Silver Springs also had location, location, location: connected to the outside world by the Silver, Ocklawaha and St. Johns rivers. After the Civil War, steamship-borne tourists including the likes of President Ulysses S. Grant and Harriet Beecher Stowe would flock to the springs to marvel



at the sight of aquatic life seemingly suspended in space. Through the first few decades of the 20th century, whether they came by rail or by car, tourists continued to go to Silver Springs. But by the 1930s, the place needed a new image—or images—to keep them coming. For almost half a century, Bruce Mozert supplied those images.

For more on this story and more of Bruce Mozert’s images, see:

www.smithsonianmag.com/travel/da-life-aquatic.html



September Meeting

Cave Diving - Daniel Jimenez

At our September 9th meeting, one of our newest members gave us a special presentation on cave diving. Daniel Jimenez has been diving in the caves of Northern Florida extensively for the past several years. Daniel described the difference between open water recreational diving and technical/cave diving including:

- Decompression obligations
- Gear configurations
- Common misconceptions about technical/cave diving
- Fatality statistics
- Fatality analysis.



Photos by Keith Mille

Daniel got his open water certification in the spring of 2005 from the Academic Diving Program (ADP) at Florida State University through the YMCA. He quickly fell in love with it and joined the leadership track within the ADP to obtain his Advanced Open Water and Nitrox from YMCA and PADI. After working within the ADP as a leader and working on various charters within the Keys and Panama City, he trained to obtain his DiveMaster certification through YMCA. He also has the following certifications:

- Cavern through the NACD (National Association of Cave Diving)
- Advanced Nitrox/Decompression Procedures through IANTD (International Association for Nitrox and Technical Divers)
- Intro to Cave from the NACD
- Apprentice to Cave and Full Cave through the NACD
- Normoxic Trimix through IANTD.

In the past 3 years, he has logged about 250 dives, and he has 68 cave dives past his Full Cave certification. His deepest depth during a dive was 252 feet at Harvey's Cave in Wakulla County, FL; and his longest dive was 2 hours and 16 minutes at Jackson Blue Cave in Marianna, FL.





Photos by Keith Mille

From the Internet

St. Petersburg Times, April 11, 2000

Contributed by member, Norm Donkersloot,

For anyone who has a hard time using an U/W compass . . .
This guy is quite a character.

Thar He Blows!



[Times photo: John Pendygraft]

As Fred Baldasare would be the first to tell you, he was once the greatest underwater swimmer in the world. Almost 76, he is planning a new challenge: Cuba to Florida.

PALM HARBOR -- Fred Baldasare, The Human Submarine, swims under the water for great distances. Days drag by before he considers surfacing. When he is ready, when he has set still another world record, he emerges from the surf like a Greek god.

Manly men are intimidated by his machismo and young women swoon. His phone rings day and night. Another countless wants his hand in marriage. Ask him, he'll tell you.

For more on this story, see:

http://www.sptimes.com/News/041100/Floridian/Thar_he_blows.shtml

LMDC Connections

We have a telephone voicemail account. Got a question about the **CLUB**? Want to let us know that you'll be attending a **CLUB** meeting? Just call (407) 306-5020 and leave a message!

Check out all the great dive information on our **CLUB** home page at: www.martindiveclub.org.

Editor's Corner

Thanks for all your help. You've been great at getting articles to me by the 15th of the month. Please get them to me in one of the following ways:

- Call me at (407) 356-2290 and sneaker-net your text and graphics on disk to me at MP-93
- E-mail at work: william.paskert@lmco.com; or at home: wpaskert@cfl.rr.com

Beneath the Blue Heron Bridge

A dive beneath the Blue Heron Boulevard Bridge over Lake Worth in Riviera Beach almost always reveals a rare creature. This month's picture is of a pipefish. Thanks to Chuck Brown for this special shot.

George McGuire



Holiday Party

Save the Date!

Sunday, December 7th

The infamous Holiday Party will be held on Sunday, December 7th, so mark your calendars for an evening of fun. Have you gotten your \$10 ocean- and/or fish-related gift to trade yet? You will want to have one for you and your guest. More details to follow but plan to be there – it's always an evening of fun and lots of laughs.

Wendy McCleskey

Fun Event Planner



LOCKHEED MARTIN DIVE CLUB

MP-93

1249 Sunflower Trail

Orlando FL 32828

(407) 306-5020

www.martindiveclub.org

Upcoming Events

- Oct 14 **Meeting:** Diving Myths - Alex Brylske, DAN
- Oct 24 - 26 **Trip:** Fantasy Fest - Mike McCleskey
- Oct 27 **Meeting:** 2009 Activities Planning - Marie Frank
- Nov 11 **Meeting:** Bonaire