



MARTIN DIVE CLUB

News



February 2000

Show and Tell at February Meeting!

Come join your **MARTIN DIVE CLUB** friends at Johnny Rivers' Smokehouse restaurant on Tuesday, February 8th. As usual, the gathering will kick off at 6:30 with socializing and drinks. You can either come early and order from the menu or partake of the buffet. With any luck, we'll be able to see some video of what we missed on Mike's Manatee trips.

As we start off the Y2K diving season, our future is in our hands. Please see our President's column for some of Mark's topics to discuss.

At 7 pm, Johnny's will be serving a dinner buffet for our crew for \$10 per person, including tax and tip. It will be stocked with some of our favorites: pulled pork, smoked BBQ chicken wings, bread (for sandwiches), cole slaw, and baked beans. Your drink orders will be handled separately, please pay as you go. Drinks are at happy hour prices until 7 pm. Drink specials are:

Well drinks - \$1.25

Margaritas - \$2

Drink specials all night

Draft beer (Bud and Bud Light) - \$1.

The Smokehouse is located at 5370 W. Colonial Drive just east of Kirkman Road on the south side of the street. Telephone: (407) 293-5803.



Just to remind everyone . . . There might still be space available on Captain Mike's Manatee trips on February 4 and 5.

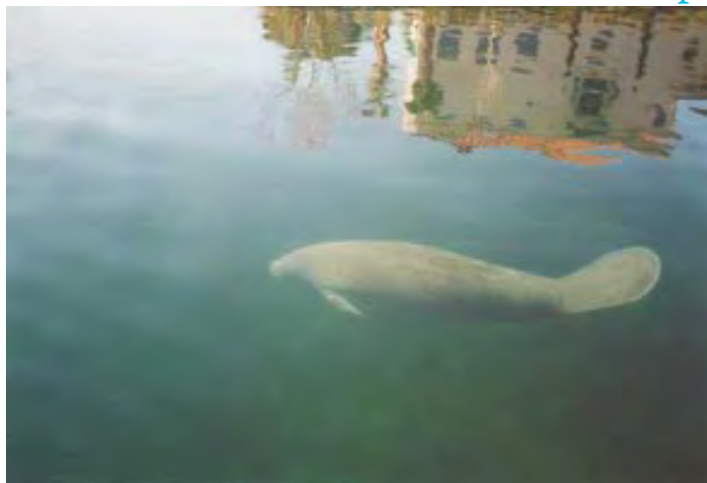
Member News

From: Lampe, Alan J
Sent: Tuesday, January 11, 2000 1:53 PM
To: 'Mike McCleskey'; MDC list
Subject: RE: Martin Dive Club meeting tonight

I guess I missed the photo contest. Since I moved back to Denver, I didn't get a chance to show off my pictures of last years Crystal River expedition, so here it is. I hope everyone is doing well, and I'm sorry I won't be able to swim with the Manatees again this year.

<<File: Manatee.jpg>>

Alan Lampe



From undercurrent, January 2000

Flotsam & Jetsam

HIGH DOLLAR BEER: In October, members of a British dive club discovered seven bottles of Scottish beer in the 106-year-old wreck of the *Loch Shiel* off the Wales coast. Jim Phillips and his fellow divers recovered the brew from the silt, and, as they brought them to the surface, the cork in one popped open. Phillips took a swig.

"It was flat and a bit sour, but the salt water had not contaminated it. I offered it around, but no one was interested, so I finished it off." The auction value of the century-old beer turned out to be \$1600 a bottle, making Phillips' pint about the most expensive ever tippled.

Message from Our President

Hey Gang!

It's going to be hard to top our first meeting of the year! The photo contest was a HUGE success and was definitely worth the wait. Kudos to Mike McCleskey and congratulations to all the prize winners!

As for the buffet at Johnny River's Smokehouse, I NEED YOUR INPUT!!! We've struggled with the management at Johnny's, and it's impractical for them to serve individual meals to such a large group. We are planning to have the buffet again in February, but we need to discuss other options, such as eating earlier in smaller groups. Your input is crucial at February's meeting!

Another topic on which I need feedback is **CLUB** activities. My attempts to bring outside activities to the **CLUB's** attention have met a surprising amount of resistance. I sincerely believe that the **CLUB** has a severe shortage of diving trips and training, and I have attempted to relieve that shortage by reaching out to dive shops and other organizations to help increase our activity. The feedback from this has included concerns over favoritism, trip schedule conflicts, added expense, profit for members, and loss of camaraderie.

These concerns are well justified. However, they are also limiting our diving opportunities. I believe that this **CLUB's** primary benefit is affordable dive trips. With a small turnout at the activities meeting, we have only seven dive trips scheduled for the year. I see three alternatives:

1. Accept the small number of trips and force active members to dive elsewhere
2. Add to the number of **CLUB** trips through increased benefits to trip leaders
3. Solicit outside opportunities and distribute the information.

This is my humble opinion, and I seem to be a small minority. What do you think? Should we promote trips from other clubs and shops? How can we increase activity from within the **CLUB**? Are we opening our doors too wide?

Please drop me an email at: mark.w.dubiel@lmco.com with your thoughts. Better yet, why not submit an article for the next newsletter?

See you at Johnny's in February!

Mark DuBiel

Your Officers and Staff

President Mark DuBiel	356-5969	Meeting Chairperson Open	
Vice President Open		Camera Chairperson Mike McCleskey	273-6655
Secretary Karen Streeter	351-1514	Equipment Chairperson David Henderson	695-0875
Treasurer Jim Streeter	356-2377	Membership Chairperson Jim Streeter	356-2377
Board of Directors Marie Frank	356-8256	Merchandise Chairperson Marie Frank	356-8256
Board of Directors Bob Grapentine	306-6914	Safety Chairperson Sina DuBiel	356-1823
Board of Directors George McGuire	356-4284	Publicity Chairperson Bill Paskert	356-2290
Activity Chairperson David Henderson	695-0875		

The Results Are In!

Another Impressive Photo Contest



*Underwater, normal or wide angle - Print:
Jerry Barone*

At the **CLUB**'s January meeting, the results of our annual photo contest were (finally) presented. As you may recall, this was scheduled to take place at the November meeting, but due to delays in the US Postal Service, the results were lost in the mail. But, two months later, what an event it turned out to be!

The contest was made up of 92 photos entered by 18 **CLUB** members in 10 different categories. The prize stash, donated by 15 different sponsors and friends totaled almost \$1800 in market value. Each First Place ribbon was accompanied by at least \$50 worth of prize items, Second Place received at least \$25 worth, and Third Place got at least \$15 worth of prizes "just for taking pictures," in the words of **CLUB** member Bob Austin (one of the many happy winners). Every single member who had entries in the contest walked away with some prize.

The judging was done by professional underwater photographer and **MDC** friend, Joe Froelich. Joe supplied comments about most of the

photos, some of which were funny, some of which were cruel, but all of which were helpful to the photographer. Joe said he tried to apply the same criteria to the MDC pictures that he knows is applied to his photos when he submits them for publication. His first and foremost rule was that if it is out of focus, it will not win a prize.

The 10 different categories were prioritized relative to the number of entries in that category. Per this system, the "Underwater - Fixed Focus" category was the top category. Long-time **CLUB** member, Bob Iacovazzi took top honors with a photo that the judge actually did not believe was taken

with a fixed-focus camera. That sounds like a pretty good compliment to me! Bob was awarded a wheeled dive bag worth \$85 compliments of Diver's Outlet!

Take the time to look over the list of all the winners and of all the great prize loot given away. And don't forget to give your own personal business and support to these wonderfully supportive sponsors.

*Underwater, close-up and macro - Print:
Mike McCleskey,
"Only a Mother Could Love"*



If you would like to learn more about underwater photography and what the **CLUB** has to offer along these lines, call me, the **MDC** Photography Chairman, at 407-273-6655.

Mike McCleskey



*Underwater, fixed focus:
Bob Iacovazzi,
"Regal Beauty"*

*Above water, dive related:
Marie Frank,
"Water???? Dis is tequila!!!!!"*



*Most unusual, unique subject matter:
Wendy McCleskey,
"One Ugly Guy"*





*First-time entry:
Lisa Dilabio-Knapp,
"Turtle, Nov 98, Sipadan, Malaysia"*

*Most likely to embarrass:
Mark DuBiel,
(guess who)*



*Most interesting, having absolutely nothing to do with diving:
Bill Paskert,
"Look out, behind you!"*



Photographer	Title	Place	Judge's Comments	Prize
Underwater, normal or wide angle - Print				
Jerry Barone		1	Unique pose, looks like 2 octopii	Gear Bag - Perf Diver; \$10 Diver Outlet - Mark D
John Keys		2	Shows interaction; if diver not centered, would have won	Catch bag, Dry bag - Performance Diver (Perf)
Wendy McCleskey	Reef's Alive	3	Nice "salad bowl" photo	Micky Sweater - Marie Frank
Underwater, close-up and macro - Print				
Mike McCleskey	Only a Mother Could Love	1		Dry box, light - Perf; Mobile - Whales; Book - DAN
John Keys		2		Save suit kit (yellow) - Perf Diver
Jerry Barone		3		Micky glof shirt - Marie Frank
Underwater, normal or wide angle - Slide				
Phil Hampton	Squid Squadron	1	Unique shot, did you take a vertical, could have been even better	1st Aid Kit, Marsoops mask strap - Perf; Dinner - J. Rivers
Carolyn vanZant		2	Nice colors	O'Brien mask - Perf Diver
Mike McCleskey	Orange You Glad You Took This Picture	3	Add a diver silhouette for effect and scale	Retracting clip - Perf Diver
Underwater, close-up and macro - Slide				
Phil Hampton	Frog Fish	1	Did you have a good time in Bonaire?	Wt belt, calendar, Pelican Stealth light - Perf
Mike McCleskey	Now We're Cookin' With Gas	2	Rare to capture iridescence on film	Dolphin frame - Whales; Mask strap - Perf
Mike McCleskey	Peek-a-Boo, Splendid Toadfish	3	Take a white piece of cloth and you can lure him out	T-shirt - DAN
Underwater, fixed focus (Ikelite Aquashot or similar)				
Bob Iacovazzi	Regal Beauty	1	Not taken with Aquashot or fixed focus camera	Wheeled Dive Bag - Diver's Outlet
George McGuire	Sean with Bristle Worm	2	Nice interaction	Mask & snorkel - Dive Bonaire
Mark DuBiel		3		Pelican Stealth light - Perf Diver
Bob Grapentine		HM	I like the shark bite	Daryl's gift certificate
Wendy McCleskey	A Rare Fingerprint	HM		Daryl's gift certificate

Photographer	Title	Place	Judge's Comments	Prize
Most unusual, unique subject matter - combined print & slide				
Wendy McCleskey	One ugly guy	1	Have fun in Bonaire?	Weight belt, mask strap, Sink Stink - Perf Diver
Carolyn vanZant		2	Was this taken at night?	Reg bag- Wet'n Fla; Dive log - Perf Diver
Phil Hampton	Flamingo tree	3	Good find	Watch band, slate - Perf Diver
Lisa Dilabio-Knapp	Schooling barracuda	HM	Not unique - but nice shot - would have faired better in another category	Daryl's gift certificate
Mark DuBiel		HM	I would have had the monster attack the city	Daryl's gift certificate
George McGuire	Turtle eating sponge	HM	Would have won wide-angle category - Turtles eat sponges - not unique	Daryl's gift certificate
First-time entry				
Lisa Dilabio-Knapp	Turtle, Nov 98, Sipadan, Malaysia	1	Blow it up and hang it in your living room. Great shot!!!	Oceanways mask & snorkel - Perf Diver
Sina DuBiel	Rainbow Parrotfish, 5/15, Looe Key	2	I can almost hear them "crunch"	Snorkel bag - Perf Diver
Gwen Rolape	There She Blows	3	Did you find the gold?	Killer Whale frame - Whales & Friends
Bob Austin		HM	Nice try, but a little out of focus	
Sheila Grapentine		HM		
Ronald Mann	Stare Down	HM		
Above water, dive related				
Marie Frank	Water???? Dis is tequila!!!!	1		Reg bag, log book, fish T-shirt - Perf Diver
Marie Frank	Watching the sunset on the hammock	2		Manatee frame - Whales; \$25 - Country Clutter
Bill Paskert	MDC on location	3	Wish I were there	10-in-1 tool - Perf Diver
Most likely to embarrass				
Mark DuBiel		1		Save-a-Dive (blue) - Perf; T-shirt - DAN
Bob Austin	Reynaldo vs. pescado	2		Dry box, dive log - Perf
Bob Austin	Gailia & Julie meet Bob Marley	3		DAN t-shirt - Wet 'n Fla; Clip - Perf
Most interesting, having absolutely nothing to do with diving (must include a club member)				
Bill Paskert	Look out, behind you	1	Nice shot!!!	Membership - Center for Health & Wellness

Exposure Protection

Keeping warm is an important part of diving, and staying warm is easy when you wear proper exposure protection. Entering cold water without the appropriate wet or dry suit is an open invitation for unpleasantness and, worse yet, hypothermia. Even in warm tropical water, if you stay submerged long enough you'll begin to feel uncomfortably cool. When the water is exceptionally warm and your dives are relatively short, you may not get cold. However, it is still a good idea to wear some sort of suit to protect yourself from free-floating stinging cells and possible brushes with underwater objects.

The exposure protection you wear depends on where you dive and how susceptible you are to the cold. In water below 65°F/23°C, a dry suit is highly recommended. When the water temperature at depth is between 65°F/23°C and 73°F/23°C, most divers wear either a dry suit or a substantial wet suit, hood, and gloves. Above 73°F, a lighter wet suit or skinsuit will suffice, and in very warm waters – above 80°F/27°C – most divers are comfortable in just a lightweight skinsuit.

Investing in exposure protection does not come cheap, so extending the useful life of a suit is a welcome idea to most divers. Here's how.

Careful Donning and Doffing: Proper care begins with how you put on the suit and how you take it off. Sliding one's feet through the leg holes of the wet suit and pulling it up over the thighs is a struggle for most divers, especially if they have gained a few pounds since being fitted. There are a number of helpful remedies. Some divers sprinkle baby powder inside the legs of the suit to make it slide easier; others wear pantyhose or a skin suit beneath the wet suit. There are also commercial products available to help the suit slide on with fewer hassles.

A commonly recommended technique for donning a jump suit or farmer john wet suit is to first roll the legs down to the cuff, exposing the leg hole from the inside. Then carefully slide your foot through the hole. Once the cuff is around your ankle, being unrolling the suit upward an inch at a time. Eliminate bulges as you proceed by tugging gently on the roll. When executed correctly, this

technique eliminates much of the struggle and keeps you from placing undue stress on the material.

Rinsing: Exposure protection (whether it be a neoprene wet suit, hood, gloves, and booties; a dry suit; or a skin suit) should be rinsed with fresh water as soon as practical after exiting the water, especially when diving in salt water. Timely rinsing washes away surface dirt and salt particles before they crystallize. There are also commercial products available. This type of care keeps your exposure protection clean and smelling fresh, and extends its useful life.

Drying: All dive suits and exposure protection accessories should be dried thoroughly before being stored or packed for travel. Hanging them allows the air to circulate inside and out, and lets excess water drain to the floor. Items dry more quickly when hung in a shady, breezy area. Avoid placing suits and accessories in direct sunlight to dry; the sun causes the material to deteriorate. When the outside of an item is dry, turn it inside out to dry the other side. Never use narrow, clothing-type hangers, even for thin skinsuits. Using too narrow a hanger will leave hanger marks on the shoulders and may create a weak spot in the material. Specially designed wetsuit hangers are available at your local dive store.

Packing and Storing: When the proper size hanger is used, most dive suits store better in a hanging position. The closet should be long enough for the suit legs to hang fully extended. Leave sufficient room on the hang rod so the suit is not scrunched between other garments. Rolling is the next best alternative if hanging is not possible. Roll the garments loosely and do not stack anything on top. When packing exposure protection for travel, gently wrap exposure suits around the inside perimeter of your gear bag, or they can be rolled. Either way, don't leave any suit, especially neoprene, in a compressed state any longer than necessary.

Whether you're wearing a skinsuit in Bonaire or dry-suit diving in Puget Sound, being protected and warm while underwater is of prime importance. With the proper care and maintenance, your wet, dry or skinsuit will continue to keep you warm many dives into the future.

* Information for this article was obtained from the December 1999 issue of Dive Training.

Check out these dives!

DATE	ACTIVITY	COST	CONTACT	PHONE	NOTES
12-Feb-00	CPR Class	\$15.00	Mark DuBiel	(407) 370-0467	8:00 to 12:00 class at Lockheed Martin Sand Lake
26-Mar-00	Cruise	\$660.00	Grace Hampton	(407) 453-1344	7 night cruise with Premier to Western Carribean.
Apr-00	Fantasia	\$11.00	Marie Frank	(407) 356-8256	Movie night!
12-May-00	Looe Key	??	Marie Frank	(407) 356-8256	Three day trip to the FL Keys.
09-Jun-00	Oceanfest	??	Mark DuBiel	(407) 370-0467	3 days, 2 nights in Lauderdale-by-the-Sea
09-Jun-00	Venice Beach	??	Jim Streeter	(407) 356-2377	3 days, 2 nights in Venice: Hunt for shark's teeth!
21-Jul-00	Islamorada	??	Chuck Brown	(407) 356-8038	Three day trip to the FL Keys.
01-Aug-00	Nekton Pilot	?	Grace Hampton	(407) 453-1344	Liveaboard cruise sponsored by KSC Barracudas.
18-Aug-00	Key Biscayne	??	Marie Frank	(407) 356-8256	Three day trip to the FL Keys.
15-Sep-00	Islamorada	??	Mark DuBiel	(407) 370-0467	3 days, 2 nights at Oceanpointe Condos
27-Oct-00	Fantasy Fest	??	Mike McCleskey	(407) 273-6655	Adults only. No diving.
14-Nov-00	Photo Contest	none	Mike McCleskey	(407) 273-6655	Best meeting of the year!
10-Dec-00	Christmas Party	??	Marie Frank	(407) 356-8256	Best party of the year!
OTHER ACTIVITIES					
25-Feb-00	Bahamas	\$124.00	Michael Craun	(407) 859-2173	2 nights in Freeport (double occ) and hydrofoil from West Palm.
13-May-00	Bonaire	\$1,200.00	Michael Craun	(407) 859-2173	1 week trip, see Michael's flyer
01-Jun-00	Bonaire	?	Don Paschal	(407)290-5200	1 week trip with Extasea Dive Center
15-Jun-00	Honduras	\$775.00	Michael Craun	(407) 859-2173	1 week trip, see Michael's flyer
10-Nov-00	Australia	\$5,800.00	Michael Craun	(407) 859-2173	3 week trip, see Michael's flyer
CLASSES					
Feb-00	O2 Administration		Michael Craun	(407) 859-2173	4 Lectures and wet sessions. \$5 donation per class Refreshers!!!
Feb-00	Ecology Specialty		Michael Craun	(407) 859-2173	
Mar-00	Advanced Scuba		Michael Craun	(407) 859-2173	
Mar-00	Wreck Specialty		Michael Craun	(407) 859-2173	
08-Apr-00	NAUI Classes	\$5.00	Michael Craun	(407) 859-2173	
Apr-00	Scuba Rescue		Michael Craun	(407) 859-2173	
Apr-00	Advanced Rescue		Michael Craun	(407) 859-2173	

Check Out the Online Version of the *MDC* News

For all of you with Internet connections, we publish this newsletter on the World Wide Web. You can view it if you have an Internet connection and a current Web browser. See it on our **CLUB** home page at:

<http://www.netwide.net/users/mccleske/mdchome.html>

or behind the Lockheed Martin firewall at:

<http://wwwmis.orl.lmco.com:2424/mdc/mdchome.html>

Bookmark this site for current **MDC** and general SCUBA news.

Editors Corner

Thanks for all your help. You've been great at getting articles to me by the 15th of the month. Please get them to me in one of the following ways:

- Call me at 356-2290 and sneaker-net your text and graphics on disk to me at MP 031
- E-mail at work: william.paskert@lmco.com or at home: wpasker9@idt.net
- Fax - work: 356-4632; home: 678-5311 (please call before sending).

Lost Something Important?

DIVE TIPS

Identity Crisis: Lost C-cards

Without a C-card, you're just one of them—the great horde of non-divers missing out on all that underwater fun. Naturally, losing your passport to Atlantis is distressing, but don't panic. Thanks to the internet and streamlined replacement policies, it's never been easier to get back in the diver's seat.


Replacement policies vary, but in general you'll need to provide:

- ▶ The name of your certifying instructor and dive center.
- ▶ Your Social Security number.
- ▶ Year of certification.

And in case you also lost the contact information for the certifying agency:

AGENCY	CONTACT INFORMATION	YOU'LL ALSO NEED	COST
IANTD	(305) 751-4873. E-mail: iantdihq@ix.netcom.com . Web: www.iantd.com . Address: IANTD, 9628 NE Second Ave., Suite D, Miami Shores, FL 33138.	To verify your birth data.	\$10
IDEA	(904) 744-5554; Address: P.O. Box 8427, Jacksonville, FL 32239. E-mail: IDEAHQ@aol.com . Web: www.scuba-idea.com .	A 2-inch by 2-inch ID photo.	\$20
NASE	(804) 264-4104; Web: Download replacement card form from www.nasescuba.com , and send to 1728 Kingsley Ave., Sta. 105, Orange Park, FL 32073.	2 current photographs of yourself (1 inch by 1 1/4 inch).	\$20
NASDS	(801) 767-7265. Call for an application form.	Photograph of yourself.	\$30



NAUI	(800) 553-8284. Web: Download Lost C-card Request Form from www.naui.org . Mail to: NAUI Worldwide, Replacement Cards Dept., 9942 Currie Davis Dr., Suite H, Tampa, FL 33619-2667, or fax to (813) 628-8253.	Supporting documentation—such as a copy of either your C-card, temporary card and/or training logbook—plus a copy of a valid photo ID.	\$25 ; credit card payment required for fax orders.
PADI	(800) 729-7234. Web: Download certification card replacement form from www.padi.com and send to PADI, Research Dept., 30151 Tomas St., Rancho Santa Margarita, CA 92688.	ID-sized photograph of yourself.	\$20
PDIC	(717) 342-1480; Web: Fill out lost C-card form at www.pdic-intl.com/ccard.htm , print and send to PDIC International, P.O. Box 3633, Scranton, PA 18595.		\$25
SSI	(800) 892-2702. Web: www.ssiusa.com/lost.htm , complete and send to SSI, 2619 Canton Ct., Fort Collins, CO 80525, Attention: C-cards.	A 1-inch by 1-inch photograph of yourself.	\$30
WASI	(801) 836-9274; Call to have a renewal application faxed or sent to you.		\$20
YMCA	(770) 662-5172; Mail: YMCA Scuba, 5825-2A Live Oak Parkway, Norcross, GA 30093. For details on what to include with your request, go to www.ymcascuba.org/lost.html .	Head-shot photograph of yourself.	\$25

More Tips

- ▶ Visit your local dive center. They may be able to speed things up and probably have your certification number on file.
- ▶ Keep a clear photocopy of your C-card handy. It may get you on the dive boat in a pinch and will speed replacement.
- ▶ Prone to losing things? Download and fill out the replacement form before the card goes MIA.
- ▶ Get advanced training. You'll be a better diver and have additional cards as backups.

—STACEY KRONQUEST



MARTIN DIVE CLUB
 MP 60
 2924 Crystal Creek Blvd
 Orlando FL 32837

Upcoming Events

- February 8 - Meeting
- February 12 - CPR Class
- March 14 - Meeting
- April ? - Fantasia, movie night
- April 11 - Meeting